

WHAT'S HOT!

Christmas Gift Ideas



ADIDAS SUNGLASSES - AGILIS AND XEPHYR

RRP: \$249.95 & \$229.95
Website: www.adidas.com/eyewear

Both of the Agilis and the Xephyr are part of the new Adidas eyewear range and each are built with cutting edge LST (Light Stabilizing Technology) Bluefilter technology. They are extremely lightweight at only 26g and 22g respectively. There are 10 base-lenses and 6 frame colours available for the Agilis, while Xephyr wearers have a choice of 3 lenses/colour schemes. In addition to functional nose pieces and Traction Grip™ material on each arm, both of these glasses feature the Quick Release Hinge™ system which prevents irreparable damage to the frame in the case of a fall or accident.



ASICS SINGLET & SHORTS

RRP: \$49.95 (singlets) & \$54.95 (shorts)
Website: www.asics.com.au

Runners can often be some of the daggier sports dressers going around and I recently saw a fine gentleman running in a 1992 "Fun Run - Almost Won" City to Surf finishers t-shirt. The shirt looked tatty enough that it may well have been worn every day since purchase. Given this, you can assist your fellow runner to look their best with the purchase of some spanky new kit. Whether it is the Asics Statement singlet and short (pictured left - Duo short (top), Speed short (below)) or any other of their favourite brands, you can be sure that they will be feeling a million dollars as they stride down the street to run off those extra Christmas kilograms.

BROOKS PLATFORM SOCKS

RRP: \$20-\$35
Website: www.runhappy.com.au

Don't hesitate to buy a runner a new pair of socks for Christmas. Every runner loves cracking a new pair of socks for a run, it's one of those joys just short of testing out a new pair of shoes, or running a PB. So sock it to the person you love this Christmas with a new pair of Brooks high performance technical running socks. Brooks have designed a range of highly technical platform socks including the Adrenaline GTS, Burn, HVAC, Gossamer and Beast socks. To translate the lingo, there are different types of socks for different types of feet, just like shoes. You can prove that you thought about your Christmas gift, by matching the socks to their feet - easy way to do it, if they wear Brooks Adrenaline shoes, buy them the Adrenaline socks, same with the Brooks Burn and Brooks Beast. Then on Boxing Day, it gives you an excuse to throw the old smelly ones out!



3B ACTION CREAM

RRP: \$12.95 (75g Tube) or \$18.95 (100g Tub)
Website: www.neatfeat.co.nz

You will be surprised by how delighted your household running fanatic will become with a present such as 3B Action Cream. If they have ever suffered from either sweat rash or chaffing I can guarantee they will be smiling. The 3B stands for three most common sites of chaffing: between the Buttocks; beneath the Breasts; and between the Legs? Yeah we don't quite get it either, but regardless of the name, you will love the results. 3B Action Cream combines an effective antiperspirant with a soothing cream base to reduced sweating and the chance of chaffing.



NEAT FEAT FOOT ODOUR TREATMENTS

RRP: \$10.95 ea.
Website: www.neatfeat.co.nz

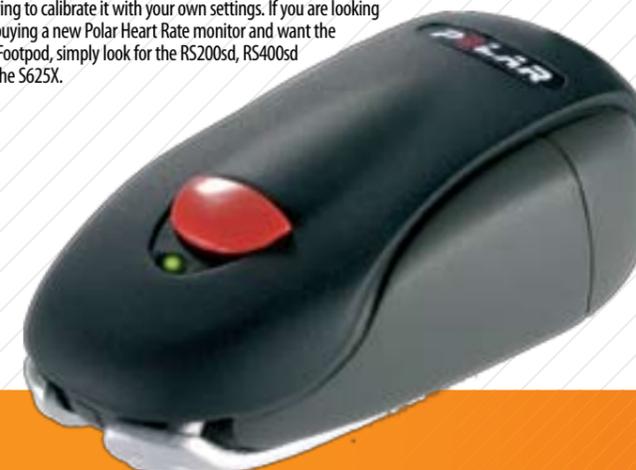
Neat Feat Foot Odour products can be both a Christmas gift and a subtle hint to your children, parents, brother, sister, husband or wife. The foot deodorant works just like underarm deodorant to prevent excessive sweating and decrease foot odours. It also helps to prevent foot infections including tinea. The Cool Foot Spray provides immediate comfort to hot and tired feet with an additional light fresh fragrance. While the shoe powder helps to keep feet dry and has antifungal properties which will assist to prevent minor foot infections. Neat Feat foot odour treatments are available at leading pharmacies and Priceline.



POLAR S1 FOOTPOD

RRP: \$249
Website: www.pursuit-performance.com.au

Runners love numbers and if your friend or family member has either the Polar RS200 or RS400, you can buy them the S1 Footpod. This little guy is an indestructible running computer that straps to your laces and tells your watch how you're going. R4YL took it on a 2 hour long run through the bush and while stretching, analysed all the data our new toy compiled. It includes maximum speed, average speed, average time for each km and distance travelled. Best thing is, on Christmas day, your new best friend can whip it out of the box and do laps of the backyard like a five year old, as it is 97% accurate without having to calibrate it with your own settings. If you are looking at buying a new Polar Heart Rate monitor and want the S1 Footpod, simply look for the RS200sd, RS400sd or the S625X.



SPORTS HALER

RRP: \$19.95
Website: www.sports-haler.com

For all of those active Australians who suffer from asthma but still love exercise, the Sports Haler has been designed to be sport friendly. The compact design features a retractable mouthpiece for safe and hygienic delivery of asthma medication. While the rugged Sports Haler holder is made for comfortable and secure portability and can be personalised with interchangeable coloured covers. A practical gift that would make a great stocking filler, the Sports Haler is available in pharmacies throughout Australia.



HYDRACOACH

RRP: \$44.95
Website: www.hydracoach.com

Are you shopping for a difficult person; one that has everything? Well we are willing to bet that they do not yet have the HydraCoach. The HydraCoach is the world's first interactive water bottle. It can calculate your personal hydration needs and then tracks your fluid consumption while helping to pace you throughout the day. It can display your average fluid consumed each hour. A gift for those that need to stay well hydrated during the hot summer months.